



# Advance Institute of Cosmetology Aesthetics & Trichology



**POST GRADUATE DIPLOMA IN  
CLINICAL COSMETOLOGY (PGDCC)**

# Clinical Cosmetology

## Basic Hygiene

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skill
- Bacteriology

## Cauterization

- Theory of cauterization
- Wart removal
- Mole removal

## Use of Basic Machines

- Dermascope and skin analysis
- Galvanic and ultrasonic
- Hi frequency

## Acne and Related Treatments

- Fundamentals of acne
- Types of acne: Papule, Pustules
- Acne treatment

## Pigmentation and Whitening

- Basics
- Types
- Freckles
- Treatment
- Glutathione therapy

## Skin Fundamentals

- Anatomy and physiology of face
- Skin structure
- Skin aging
- Classification of skin
- Skin analysis
- How to do skin consultations

## Mechanical Exfoliation

- MDA types
- Suction by powder crystals
- Diamond tip
- Theory of exfoliation
- Exfoliation by peels

## Chemical Peels

- Fundamental of chemical peels
- Classification
- Application
- Preparation
- Post care

## Product Knowledge

- Skin routine definition
- Important skin care products
- Product selection for different skin types
- Sun screen and its uses



# Medical Trichology

## Basic Hygiene

- Professional Ethics
- Professional And Clinic Hygiene
- Sterilisation And Sanitation
- Client Handling

## Hair Fundamentals

- Structure And Function Of Hair Follicles
- Hair Life Cycle
- Disease Of Hair And Scalp
- Causes Of Hair fall
- Alopecia And Its Types
- Hair Supplements
- Hair Care For Growth
- Impact of clinical Treatment On Hair Quality

## Classification of Hair Loss

- Classification Of Different Hair Loss Patterns
- Androgenetic Alopecia-Male And Female
- Alopecia And Areata
- Traction Alopecia
- Tallogen Effluvium

## Analysis of Hair

- Diagnosis of hair fall and thinning of hair
- Hair analysis with trichoscope
- Hair consultation and treatment
- Finalization

## Basic Hair Treatments

- Elasticity improvement
- Hydration therapy
- Treatment of dandruff
- Product knowledge

## PRP and Mesotherapy for Hair Restoration

- Meso-Solutions And Its Impact
- Selection Of Right Meso-Solution
- PRP Overall Approach
- Suggested treatment protocol and prp

## Other Treatments

- Microneedling for hair restoration
- Low light laser therapy
- Theory of hair transplant

# Advanced Aesthetics and Lasers

## Laser Fundamentals

- The difference between Laser and IPL light therapy, and methods of applications for hair removal and skin rejuvenation treatments
- Recap of the anatomy and physiology of integumentary, endocrine, circulatory and lymphatic system in relation to light
- Therapy treatments
- Laser treatment preparation
- Laser hair removal
- Laser based skin rejuvenation
- Tattoo removal

## Other Advanced Treatments

- Mesotherapy for skin
- Platelet rich plasma (PRP) for skin
- Derma rollers for skin treatments
- Radio frequency and MRF
- Ultrasonic fat removal
- LED light therapy
- Botox and fillers fundamentals



## Certification

After The Completion Of Course International Accreditation Organization (IAO)Based Certificated Will Be Handed Over To Each Student



## Get In Touch With Us

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